

# The Brain In Its Environment

A NEW ERA OF ENVIRONMENTAL & INTEGRATIVE MEDICINE



**DR ROBERT  
VERKERK** (PhD)

BSc MSc DIC FACN

**Environmental scientist and founder of the Alliance for Natural Health International (ANH).**

**WHAT TO EXPECT**

Reveals how global ecological pressures are reshaping human health at the planetary scale.



**DR LEO  
PRUIMBOOM** (PhD)

**Physiologist, medical biochemist, and founder of the Pruimboom Institute. A pioneer and world authority in clinical psychoneuroimmunology.**

**WHAT TO EXPECT**

Explains how disconnection from nature reshapes neuroimmune adaptation and behaviour.



**LOUISE  
CARTER**

BSc PGDip

**Louise is the founder of EnviroHealth, CIRS Academy and is also a cPNI Masters student.**

**WHAT TO EXPECT**

An environmental health clinician's perspective on the hidden influence of indoor ecology - mould, biotoxins and air quality - on neuroinflammation, chronic illness and clinical complexity.

**16 MAY 2026**

50 SPACES IN PERSON (LONDON 09:00-17:00 GMT)  
ONLINE (09:00-16:00 GMT)

EnviroHealth 2026 unites three global leaders in ecological, environmental and psychoneuroimmunological medicine - Dr Rob Verkerk (PhD), Dr Leo Pruimboom (PhD), and Louise Carder - for a groundbreaking exploration of how the environments we create, inhabit, and endure shape the modern human brain, immune system and wider physiology.

We will explore how ecological change, indoor environments and societal pressures are processed through integrated neuroimmune regulatory systems, influencing inflammatory signalling, behaviour and adaptive capacity. By bridging fragmented disciplines, the conference confronts how cumulative environmental load - physical, chemical, social and psychological - drives contemporary patterns of chronic disease.

With chronic illness, immune dysregulation and neuroinflammatory conditions rising at unprecedented rates, this one-day conference investigates how it works - and why it works the way it does - and what clinicians must now understand to respond effectively.



**Book your  
ticket now  
on Eventbrite**

**TICKETS**

**£125.00**

**FOR MORE INFORMATION**

**CALL +44 1522 846 902**

**EMAIL [info@colabeu.com](mailto:info@colabeu.com)**

## **WHY THIS EVENT MATTERS**

EnviroHealth 2026 delivers a rare synthesis of disciplines too often considered in isolation. Together, these perspectives reveal a new, integrated framework for understanding chronic disease - reconnecting environment, behaviour, neurobiology, and immune signalling within a unified clinical model.

In this symposium, we advance the concept of neuroecology to explore how large-scale environmental change, indoor habitats, and lifestyle stressors converge on the brain - shaping adaptation, maladaptation, and clinical outcomes.

### **THIS IS AN ESSENTIAL EVENT FOR PRACTITIONERS SEEKING:**

- Deeper insight into complex, chronic, and multisystem illness
- Practical strategies for managing neuroinflammatory and environmentally driven conditions
- Cutting-edge thinking that integrates ecology, behaviour, and biology
- Clinical frameworks aligned with the realities of modern clinical practice

**IN PARTNERSHIP WITH**



**Pruimboom Institute**